BOCES Retirement Plan Before You Plan!



Each person has a different retirement situation to consider, so we all need to plan well in advance of our retirement date to maximize our benefits. Some of the most critical components to consider are your income, (this includes your own savings in a 403(b), NYS retirement, and Social Security), health and dental insurance, and any retirement incentive eligibility you may have from your local bargaining unit contract.



WHAT TO DO TODAY: Establish your 403(b) Account here!

AGE MILESTONES TO CONSIDER:

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APPROXIMATELY 12 MONTHS BEFORE RETIREMENT: Call your respective NYS Retirement System to request your projected pension amount and establish your effective date of retirement and last day of work.

Non-Teacher Retirement – NYSLRS Customer Service https://web.osc.state.ny.us/retire/retirement_online/customers.php	(866) 805-0990
Teacher Retirement – TRS Customer Service	(800) 348-7298
https://nystrs.org/Retirement-Planning	

PRO TIP: Call at 7:45 a.m. for a shorter hold time. Mid-day hold times can be more than an hour or two.



6-12 MONTHS BEFORE RETIREMENT: Please contact Human Resources if you need more information regarding the following items:

- Health and Dental Insurance Continuation
- Sick Time Buyout ***403(b) account is required to receive this payment***
- Retirement notification requirements in your bargaining union contract